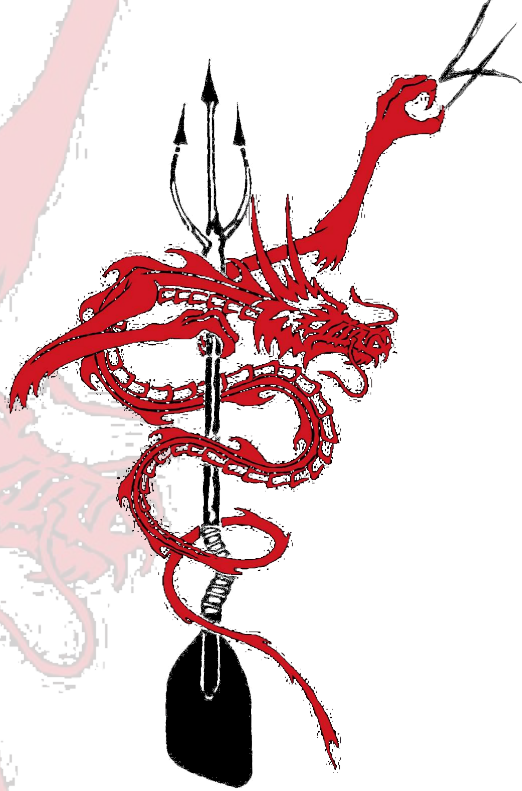




# INFORMATION PACKAGE



HELL OR HIGH WATER IV

MAY 12, 2011

PETAWAWA, ONTARIO, CANADA

[WWW.HOHW.CA](http://WWW.HOHW.CA)



# HELL OR HIGH WATER III

ON SATURDAY, MAY 12, 2012 THE FIRST BOAT OF MANY WILL LAUNCH INTO THE WATERS OF THE PETAWAWA RIVER, RIGHT HERE IN PETAWAWA, MARKING THE OFFICIAL START OF FOURTH ANNUAL HELL OR HIGH WATER WEEKEND IN PETAWAWA. THE EVENT CELEBRATES THE WILD RIVERS OF THE OTTAWA VALLEY, WHILE SUPPORTING THE TOURISM AND RECREATION BRANDING OF RENFREW COUNTY.

THE 2011 EVENT WILL ALSO SERVE AS A FUNDRAISER FOR SOLDIER ON, AN ORGANIZATION WHICH WORKS TO GET WOUNDED OR DISABLED CANADIAN FORCES MEMBERS BACK INTO SPORTS AND RECREATION; WHITEWATER ONTARIO'S EFFORTS TO KEEP OUR RIVERS RUNNING ACCESSIBLE; AND, THE PETAWAWA MILITARY FAMILY RESOURCE CENTRE.

CONSIDER ENTERING A TEAM INTO THE RAFT RACE. IMAGINE YOUR TEAM GOING HEAD-TO-HEAD AGAINST OTHER BUSINESSES OR CLUB TEAMS FROM ACROSS THE OTTAWA VALLEY, VYING FOR THE TOP SPOT! OR, IF YOU ARE A KAYAKER OR CANOEIST ENTER THE RACE, AND SEE HOW YOUR TIMES COMPARES AGAINST YOUR FRIENDS, OR EVEN SOME OF CANADA'S TOP PADDLERS.

KIM BARRINGTON, PHILIP KOMPASS, BRAD WIPP, MIKE CROUZAT  
[HOHWPETAWAWA@HOTMAIL.COM](mailto:HOHWPETAWAWA@HOTMAIL.COM)

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## WHY IS THIS IMPORTANT?

THE PETAWAWA RIVER IS CURRENTLY BEING CONSIDERED AND ASSESSED AS A SITE FOR A HYDRO PROJECT. WHILE THE FINAL DESIGN IS NOT YET KNOWN, A WEIR / PENSTOCK AND A DIVERSION CHANNEL WILL EFFECTIVELY DEWATER SOME OF THE BEST RAPIDS ON THE RIVER. THIS WOULD CERTAINLY HAVE A DIRE IMPACT ON THE QUALITY WHITEWATER IN THIS COMMUNITY.

THE PETAWAWA RIVER IS A GEM. IT IS ONE OF THE FEW REMAINING WHITEWATER RIVERS IN "SOUTHERN" ONTARIO THAT REMAINS LARGELY UNTOUCHED; FREE OF MAJOR DAMS, AND ANY MAJOR INDUSTRIES AS IT FLOWS FROM THE HEART OF ALGONQUIN PARK. LET'S ENSURE THAT THE RECREATIONAL VALUE OF THE RIVER IS MORE VISIBLE, AND RECOGNIZED BY THE GENERAL PUBLIC.

IT IS IMPORTANT TO DEMONSTRATE THAT THE RIVER HAS RECREATIONAL VALUE TO THE GENERAL PUBLIC AT ALL WATER LEVELS, CONDITIONS AND TEMPERATURES.

DO THOSE BEHIND THE DAM PROJECTS REALIZE THE IMPORTANCE OF THE RIVER FROM OUR PERSPECTIVE, AS WHITEWATER ENTHUSIASTS? DO THEY KNOW THAT THE GENERAL PUBLIC CAN AND DOES ENJOY THE RIVER AT ITS HIGHEST FLOW LEVEL? THAT IS WHY HELL OR HIGH WATER WAS BORN BACK IN 2008, AND NOW IT HAS GROWN TO BECOME ONE OF THE LARGEST WHITEWATER RACES IN NORTH AMERICA.

THE COMPANY BEHIND THE PROJECTS HAVE STATED PUBLICALLY THAT THEY WILL ACCOMODATE RECREATIONAL USERS, SO PLEASE SHOW THEM THIS RIVER IS IMPORTANT. WE ARE NOT ASKING FOR LETTERS, ANGRY E-MAILS OR ONLINE PETITIONS. WE ARE ASKING YOU TO COME AND PADDLE A BEAUTIFUL RIVER, WITH FELLOW WHITEWATER ENTHUSIASTS.

FOR MORE DETAILS ON THE DAM CONSTRUCTION PROJECT VISIT: [WWW.SAVETHEPETAWAWA.CA](http://WWW.SAVETHEPETAWAWA.CA)



## KEY LOCATIONS

### **REGISTRATION & HEADQUARTERS:**

CENTENNIAL PARK (AKA CATWALK), PARK DRIVE, PETAWAWA

**ADDITIONAL PARKING** IS AVAILABLE AT TOWN HALL & FIRE DEPARTMENT WHICH OVERLOOK CENTENNIAL PARK. THE PARKING IS ACCESSED OFF OF VICTORIA AVE. BOTH ARE A TWO-MINUTE WALK FROM REGISTRATION IMMEDIATELY DOWNHILL.

### **PUT-IN:**

JUST OFF OF WILSON AVE, WHERE THE WALKING TRAIL / RAILBED MEETS THE RIVER. TAKE VICTORIA PAST "MCDONALDS". THE STREET NAME BECOMES PORTAGE RD. WILSON AVE IS YOUR FIRST RIGHT AFTER CROSSING THE RAILROAD TRACKS, FOLLOW IT TO THE RIVER AND OBVIOUS ACCESS POINT. BE SURE TO WAVE TO THE XENECA CAMERAS THAT ARE SPYING ON OUR USAGE OF THIS FREE, PUBLIC RESOURCE.

### **TAKE-OUT:**

IF YOU WANTED TO RUN THE ENTIRE TOWN RUN SECTION, CONTINUE DOWNSTREAM PAST THE PARK. THE FIRST RAPID IS SUICIDE (CLASS 4) THEN A SHORT FLAT SECTION AND GOLF COURSE HOLE (CLASS III). THERE CAN BE GREAT PLAYBOATING AT GOLF COURSE IF THE LEVEL IS RIGHT.

### **DINNER / AWARDS: THE GREAT CANADIAN WAREHOUSE - PETAWAWA BLVD**

THE DINNER AND AWARDS WILL BE HELD AT THE GREAT CANADIAN WAREHOUSE. THIS BAR AND RESTAURANT HAS A GREAT VIEW OF THE RAILROAD RAPIDS RIGHT OFF THEIR DECK, AS IS EASY TO FIND, LOCATED ON PETAWAWA BLVD (RIVER RIGHT SHORE) JUST BEFORE YOU CROSS THE BRIDGE.

### **CAMPING:**

BASIC TENT **CAMPING** HAS AGAIN BEEN OFFERED UP BY CFB PETAWAWA AT THE BLACK BEAR CAMPGROUND LOCATED AT ROUGHLY 245 GIVENSCHÉ RD, PETAWAWA. IT IS ALONG THE OTTAWA RIVER, ABOUT A 15 MINUTE FLATWATER PADDLE FROM GOLF COURSE HOLE, OR CONVENIENTLY LOCATED AT THE OBVIOUS POINT, JUST OFF OF GIVENSCHÉ RD ON THE CFB PETAWAWA PROPERTY.

### **SPECTATORS:**

A GREAT SPOT TO WATCH THE RACE IS AT LOVER'S RAPID, JUST A FEW STEPS "UPSTREAM" OF THE CENTENNIAL PARK PARKING LOT AND REGISTRATION. ANOTHER GREAT OPTION IS THE PUT IN RAILWAY BRIDGE, OR IF YOU WANTED TO SIT AND HAVE A DRINK OR SOME LUNCH TRY THE DECK AT THE GREAT CANADIAN WAREHOUSE - PETAWAWA BLVD (MAIN STREET).

**HUNGRY:** MADAMEEK LEBANESE RESTAURANT, JUST ACROSS FROM SUBWAY ON VICTORIA AVE WAS KIND ENOUGH TO PROVIDE LUNCH FOR THE VOLUNTEERS, SO SHOW THEM SOME LOVE AND STOP IN FOR A SCHWARMA! THEY ARE STELLAR, AND I HEAR THEY MAKE YOU PADDLE FASTER AS WELL. LUNCH OF CHAMPIONS.



## NON-RACE EVENTS

IN ADDITION TO THE HELL OR HIGH WATER RACES THE ORGANIZERS HAVE WORKED HARD TO BRING YOU EVEN MORE. THERE ARE ACTIVITIES TO PLEASE THE SPECTATORS, BEGINNER PADDLERS, AND ALL MANNER OF NON-RACERS. CHECK THEM OUT!

### **ACTION SPORTS PHOTOGRAPHY SCHOOL: ALL DAY      COST: TBD!**

BRING YOUR DIGITAL CAMERA TO THE FESTIVAL. SPEND THE DAY WITH ONE OF THE BEST SHOOTERS IN THE BUSINESS. THEY WILL PASS ON THEIR TRICKS OF THE TRADE AND OFFER SUGGESTIONS TO BRING YOUR SNAPSHOTS TO THE NEXT LEVEL!

BETWEEN 4:30 AND 5:30, HEAD TO THE CLOSING EVENT TO PRESENT YOUR TOP THREE PHOTOS FROM THE DAY CHOICES TO THE PRESTIGIOUS PANEL OF JUDGES (AUDIENCE). YOU NEED TO BRING YOUR CAMERA AND THE REQUIRED CORD FOR DOWNLOADING TO A PC.

### **DINNER AND SOCIAL: 4:30 - CLOSE      COST: \$10 FOR DINNER**

DON'T BE LATE. WE SOLD OUT LAST YEAR. HEAD TO THE GREAT CANADIAN WAREHOUSE (PETAWAWA BLVD, NEAR THE BRIDGE) AFTER THE RACE FOR SOME DRINKS, VIDEOS, PHOTOS AND GOOD SOUL-WARMING GRUB. THE FOOD IS HOT, THE DRINKS ARE COLD AND THE STORIES ARE PRICELESS.

### **SUNDAY:**

#### **UPPER PETAWAWA EXPEDITION: 8:30 DEPARTURE FROM CENTENNIAL PARK**

GATHER YOUR FRIENDS FOR AN ALGONQUIN PARK EXPEDITION! IF YOU HAVEN'T PADDLED THE UPPER PET, YOU HAVE BEEN MISSING OUT ON WHAT MANY PEOPLE CONSIDER THE BEST RIVER RUN IN ONTARIO. AT HIGH WATER EXPECT CONTINUOUS – OR AT LEAST CONNECTING – CLASS 4 WHITEWATER WITH SOME BEAUTIFUL BIG WAVES, STEEPER DROPS AND SOME COOL CANYON SECTIONS. IT IS SIMILAR IN NATURE TO THE TOWN RUN OF THE PETAWAWA BUT A LITTLE MORE DIFFICULT, AND MUCH LONGER. CREEKBOATS ARE RECOMMENDED BUT IT HAS BEEN RUN MANY TIMES IN PLAYBOATS AS WELL.

THIS 'EXPEDITION' DOES REQUIRE THAT YOU HIKE IN. EITHER RIG UP A STRAP SYSTEM OR DRAG YOUR BOAT. THE WALK IN IS ON MOSTLY LEVEL (FORMER) RAILWAY TRACK FOR 4 OR 5 KMS. BRING LOTS OF WATER AND SOME SNACKS TO KEEP THE ENERGY UP. ROUND TRIP WILL BE A 4 -6 HOUR COMMITMENT INCLUDING SHUTTLES.

### **SEA KAYAK & FLATWATER : COST: FREE!**

THE OTTAWA RIVER AT THE MOUTH OF THE PETAWAWA IS A FLATWATER KAYAKER'S PARADISE WITH INNUMERABLE ISLANDS TO TOUR AROUND, PLENTY OF INTERESTING WILDLIFE AND GREAT SCENERY. THE SCENERY IS STRIKINGLY SIMILAR TO GEORGIAN BAY IN SOME WAYS,



## RACERS' DETAILS

**NOTE:** RAFT RACES START AS EARLY AS 8:00AM. YOUR TEAM'S START TIME WILL BE ASSIGNED TO YOU WHEN YOU REGISTER. THE REGISTRATION DESK WILL BE OPEN FOR KAYAKS/CANOES FROM 9:00 UNTIL 12:00.

**RAFTERS: PLEASE BE AT THE REGISTRATION TABLE A MINIMUM OF ONE HOUR BEFORE YOUR SCHEDULED START TIME IN ORDER TO DO SHUTTLES, GET DRESSED, DO THE SAFETY BRIEFING AND MEET YOUR GUIDE.**

### REGISTRATION:

REGISTER VIA E-MAIL TO [HOHWPETAWAWA@HOTMAIL.COM](mailto:HOHWPETAWAWA@HOTMAIL.COM) OR USE THE REGISTRATION PAGE ON THE HOHW.CA WEBSITE. THIS IS **MANDATORY** FOR RAFT TEAMS, AND STRONGLY ENCOURAGED FOR KAYAKS/CANOES.

ALL PARTICIPANTS MUST COME TO THE REGISTRATION TABLE ON ARRIVAL THE DAY OF THE EVENT IN ORDER TO SIGN THE NECESSARY WAIVERS, AND GET ASSIGNED YOUR START TIME.

### COST:

\$10 BUYS YOU INTO THE KAYAK RACE.

\$150 (PER TEAM OF SIX) BUYS YOU INTO THE RAFT RACE.

THIS COVERS ONLY INSURANCE, EVENT COSTS AND A SMALL AMOUNT GOES TO CHARITY. FEEL FREE TO MAKE A LARGER DONATION IF YOU LIKE. RAFTERS ARE REQUIRED BY LAW TO HAVE PROPER THERMAL PROTECTION (IE. WETSUITS OR DRYSUITS). IF YOU NEED ONE, THEY WILL BE AVAILABLE FOR RENTAL THE DAY OF THE EVENT FOR \$15.

### COURSE:

THE PETAWAWA RIVER "TOWN" SECTION IS A ROUGHLY 3 KM STRETCH OF RIVER WITH RAPIDS RANGING FROM CLASS II TO CLASS IV, AND OPPORTUNITY TO PUSH THE LIMITS IN BOTH DIRECTIONS IF YOU WISH TO TRY HARDER LINES. THE RACE COURSE WILL BE ROUGHLY 1 KM OF THIS SECTION, COVERING TWO CLASS III+ RAPIDS AND ONE CLASS III, WITH SOME BOOGIE IN THE MIDDLE.

THE RACE COURSE WILL BE RUN FROM THE MAJOR RIVER RIGHT EDDY AT RAILROAD RAPID, AND END WHEN THE RACER TOUCHES THE MARKER (WITH HAND, PADDLE OR BOAT) IN THE LARGE EDDY BELOW CATWALK RAPID (TOWN HALL).

**SAFETY: ALL RACERS SHOULD BE EXPECTED TO BE COMPETENT PADDLERS IN CLASS 3+ RAPIDS. SCOUTING AND PADDLING THE COURSE IN ADVANCE IS HIGHLY RECOMMENDED, BOTH FOR SAFETY AND FOR SPEED. PADDLERS SHOULD NOT EXPECT THAT THEIR SAFETY IS IN ANY WAY ASSURED. THE ORGANIZERS ACCEPT NO RESPONSIBILITY FOR PROVIDING SAFETY STAFF, EQUIPMENT, MEDICAL CARE OR A SHOULDER TO CRY ON.**

ESPRIT WILL TAKE GOOD CARE OF THE RAFTERS.

**1630 - LAST CALL:** \$10 BUYS YOU DINNER, AWARDS AND ENTRY TO THE AFTER PARTY.



# RACERS' RULES

THE REGISTRATION DESK WILL BE OPEN FOR KAYAKS/CANOES FROM 8:00 UNTIL 12:00.

ALL PARTICIPANTS MUST COME TO THE REGISTRATION TABLE ON ARRIVAL THE DAY OF THE EVENT IN ORDER TO SIGN THE NECESSARY WAIVERS, AND GET ASSIGNED YOUR START TIME.

## **FORMAT:**

SPEED RULES. FASTEST BOAT TO THE BOTTOM WINS.

NO GATES. NO BONUS POINTS FOR STYLE.

BOATS DEPART AT ONE-MINUTE INTERVALS AT A SET TIME (AS PREVIOUSLY ASSIGNED.)

RACERS ARE RESPONSIBLE FOR BEING READY TO GO AT THEIR ASSIGNED TIME. IF YOU AREN'T READY, TOO BAD. NO EXCEPTIONS.

THE ARRIVAL TIME AT THE FINISH IS RECORDED.

RACE TIME IS ESTABLISHED.

DON'T ARGUE WITH THE TIMEKEEPERS, THEY'RE VOLUNTEERS AND THIS IS A FUN RACE.

RACERS DEPART IN ONE-MINUTE INTERVALS

SHORT BOATS AND LONG BOATS WILL RACE TOGETHER, BUT THE "CLASS" WILL BE NOTED ON THEIR TIME.

**FINISH:** THE RACE COURSE WILL BE RUN FROM THE MAJOR RIVER RIGHT EDDY AT RAILROAD RAPID, AND END WHEN THE RACER TOUCHES THE MARKER (WITH HAND, PADDLE OR BOAT) IN THE LARGE EDDY BELOW CATWALK RAPID (TOWN HALL).

## **NOTES ON BOATS AND CLASSES:**

**RAFT:** MAXIMUM SIX PADDLERS NOT INCLUDING THE GUIDE (SUPPLIED BY ESPRIT RAFTING).

HELMETS, PFDs AND PADDLES ARE PROVIDED. YOU WILL RECEIVE A START TIME ON REGISTRATION. PLEASE PLAN TO BE AT LEAST AN HOUR EARLY IN ORDER TO GET THE SAFETY BRIEFING, GET DRESSED AND MEET YOUR GUIDE.

## **KAYAKS/CANOES:**

1. MUST NOT HAVE A DISCERNIBLE KEEL OR SKEG. NO SEA KAYAKS OR DOWNRIVER BOATS.
2. CLASSES: CREEKBOAT (ANY LENGTH) AND PLAYBOAT (SHORTER THAN 7' 6") AND OPEN BOAT.
3. IF IN DOUBT, YOU'RE IN THE CREEKBOAT CLASS.
4. KAYAKS MUST BE PLASTIC. NO FIBREGLOSS IN THIS RACE. YOU HAVE YOUR OWN RACES.
5. YOU NEED TO DECLARE WHICH CLASS YOU ARE ENTERING AT REGISTRATION, OR ELSE YOU ARE IN THE CREEKBOAT CLASS BY DEFAULT. YOU CAN RACE BOTH CLASSES IF YOU LIKE.

**1630 - LAST CALL:** \$10 BUYS YOU DINNER, AWARDS AND AN AFTER PARTY. GOOD FOOD, KAYAK PHOTOS, COLD BEERS AND GOOD FRIENDS. RIGHT BESIDE THE RIVER. STICK AROUND THIS YEAR. ITS A BLAST.



# ACCOMODATION

WE WOULD LOVE FOR YOU TO STAY THE NIGHT.

- IT HELPS SHOW THE TOURISM VALUE OF WHITEWATER.
- WE WORRY ABOUT DRINKING AND DRIVING, OR YOU DRIVING HOME WHEN YOU ARE TIRED.
- CAMPING IS FREE.
- YOU CAN STICK AROUND AND PADDLE THE UPPER PETAWAWA THE NEXT MORNING. IT IS A BEAUTIFUL CLASS IV RUN, AND ARGUABLY ONE OF THE BEST IN THE PROVINCE.

CAMPING HAS AGAIN BEEN OFFERED UP BY CFB PETAWAWA AT THE BLACK BEAR CAMPGROUND. 245 GIVENSCHER RD, PETAWAWA. IF NOT FREE, THEN A MINIMAL CHARGE.

IT IS ALONG THE OTTAWA RIVER, ABOUT A 15 MINUTE FLATWATER PADDLE FROM GOLF COURSE HOLE, OR CONVENIENTLY LOCATED AT THE OBVIOUS POINT, JUST OFF OF GIVENCHE RD ON THE CFB PETAWAWA PROPERTY.

CAMPFIRES WELCOME, AND WE'LL TRY TO GET YOU SOME FIREWOOD SORTED OUT.

NO EXCUSES FOR DRINKING AND DRIVING, SO STAY THE NIGHT AND PADDLE THE UPPER PETAWAWA (CLASS IV) OR SOMETHING ELSE LOCALLY (HIGH WATER OTTAWA, PETAWAWA TOWN RUN)

THERE WILL BE WASHROOMS OR PORTAPOTTIES, HOWEVER RUNNING WATER IS NOT YET CONFIRMED.

BEING RIGHT BESIDE THE OTTAWA THE CANOEING, SEA KAYAKING AND FISHING IS AWESOME.

**HOTELS: PETAWAWA RIVER INN AND SUITES**  
613-687-4686 / [WWW.PETAWAWARIVERINNANDSUITES.CA](http://WWW.PETAWAWARIVERINNANDSUITES.CA)

THIS PLACE HAS A VIEW OF RAILROAD. YOU CAN WATCH THE RACE FROM YOUR ROOM, IS ABOUT 30-SECONDS FROM THE RIVER, HAS A BAR AND FOOD AVAILABLE ON SITE AND, YOU CAN PUT IN BASICALLY RIGHT FROM THE PARKING LOT, OR WALK TO CATWALK.

THE PETAWAWA RIVER INN & SUITES IS A PROUD SUPPORTER OF THIS EVENT, AS WELL AS RIVERS AND RECREATION IN THE OTTAWA VALLEY. PLEASE SUPPORT THEM IN RETURN.

FOR COMPLETE LISTING YOU CAN CHECK [OTTAWAVALLEY.TRAVEL](http://OTTAWAVALLEY.TRAVEL), THE WEBSITE FOR THE OTTAWA VALLEY TOURIST ASSOCIATION.

**DON'T FORGET TO TELL ANY AND ALL LOCAL BUSINESSES WHY YOU ARE HERE!**



# THANKS TO OUR SPONSORS

THE FOLLOWING BUSINESSES SUPPORT RIVERS AND RECREATION IN THE OTTAWA VALLEY. THEY ARE CRUCIAL TO THE SUCCESS OF THE EVENT; PLEASE SUPPORT THEM IN TURN.

